

# THANK YOU TO OUR SPONSORS

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Windsor Professional Firefighters  
Benefit Fund

Hook & Ladder Club

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Families First Funeral Home

Morris Sutton Funeral Home

MR Meat Market

The Running Factory

Second Chance CPR

Williams Food Equipment

Radovich Chiropractic

Contact Info:

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John Smith Run Committee  
815 Goyeau St.  
Windsor, ON  
N9A 1H7

519-564-1774



W.R.A.C.E.  
**WRACE**  
*Presents*



## 32nd Annual JOHN SMITH RUN

Monday, September 6, 2010

Start/Finish at Windsor Fire  
and Rescue, 815 Goyeau St.  
Windsor, Ontario

9:00 am - 5 km Run/Walk  
10 km Run

Proceeds to benefit local charities  
including the Essex County  
Fire Fighters Burn Foundation

# REGISTRATION FORM

## REGISTRATION FEES

	By	Race Day
Entry Fee	August 27	August 27
Wrace Members	\$26	\$32
Kids Under 10	\$23	\$29
	\$12	\$12

Entry Fee is waived with \$50 in pledges

Register by August 27 and receive a Technical Running T-shirt guaranteed.

## HOW TO REGISTER

**Option 1: Register Online** at [www.wrace.org](http://www.wrace.org).

**Option 2: Register by Mail** by printing and mailing your entry and cheque (payable to John Smith Memorial Burn Unit) to: John Smith Run Committee  
815 Goyeau St., Windsor, ON. N9A 1H7

**Option 3: Race Day Registration** will be at Windsor Fire and Rescue from  
7:30 AM - 8:45 AM

## RACE KIT PICK-UP

Race Kit Pick-up is on race day only  
Windsor Fire and Rescue 815 Goyeau St.

## AGE GROUPS (Male/Female)

10 and under,
11-14, 15-19,
20-24, 25-29,
30-34, 35-39,
40-44, 45-49,
50-54, 55-59,
60-64, 65-69,
70-74, 75+

A \$100 gift certificate will be awarded to the top overall male and female finisher in the 5K and 10K event.

Chip timing at finish line.

Circle one event only:  
5K Run 5K Walk 10K Run (No Walkers)

Last Name: \_\_\_\_\_  
First Name: \_\_\_\_\_  
Address: \_\_\_\_\_  
City: \_\_\_\_\_ Prov/State: \_\_\_\_\_  
Postal/Zip Code: \_\_\_\_\_ Country: \_\_\_\_\_  
Telephone: \_\_\_\_\_  
Date of Birth: Month \_\_\_\_ Day \_\_\_\_ Year \_\_\_\_  
Age on Race Day \_\_\_\_  
O Male O Female  
Shirt Size: \_\_\_\_\_  
O Small O Medium O Large O X-Large  
Registration Fee \$ \_\_\_\_ Date: \_\_\_\_\_  
Payment Options:  
O Cash O Cheque

Official Use:

Wrace ID #: \_\_\_\_\_ BIB #: \_\_\_\_\_

Waiver: In consideration of your acceptance of this entry, I, for myself, my heirs, executors, administrators and assigns, hereby waive, release and discharge any and all claims against THE JOHN SMITH RUN COMMITTEE, W.R.A.C.E., event sponsors, event volunteers and their officers, directors, agents, successors, and/or assigns for any and all injuries suffered by me at this event. I attest that I am physically fit and sufficiently trained for competition in this event. I hereby grant permission for the free use of my name, and picture in any broadcast, brochure, or account of this program.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_  
(Parent/Guardian Signature if under 18 years old)